INSTRUCTION
for use of the product
HEALER® Antiseptic for skin of feet and nails

General Information

Pharmacological group: Antiseptic and disinfectant agents.

Antimicrobial spectrum: The product exhibits bactericidal activity (against Gram-positive and Gram-negative bacteria), virucidal, and fungicidal effects (including pathogens of dermatomycosis such as *Microsporum*, *Epidermophyton*, *Trichophyton*, and *Candida* spp.); it is highly effective against resistant strains of microorganisms.

The product provides a prolonged effect lasting at least 6 (six) hours after application to the skin of the feet and nails or until the first wash with water. Its action is aimed at inactivating existing microorganisms and inhibiting their reproduction in case of recontamination.

Functional excipients (emollients and phytocomponents) ensure pronounced local anti-inflammatory and wound-healing effects, relieve itching, soften and nourish the skin, promote hydration and elasticity, and maintain the natural skin pH. The product also has deodorizing properties for the duration of its activity on the skin.

Indications for Use

HEALER® Antiseptic for skin of feet and nails is intended for:

- antimicrobial treatment of the skin of the feet and nails in diseases caused by bacterial, viral, and fungal infections;
- preventive disinfection to avoid infection by pathogenic microorganisms in everyday life, during travel, and when visiting public facilities, gyms, swimming pools, etc.;
- adjunctive use in complex antifungal therapy as an additional antiseptic with prolonged action (up to 6 hours);
- disinfection of severely damaged skin on the feet, reduction of inflammation and itching, stimulation of epithelialization, and acceleration of wound closure;
- reduction of foot odor due to the decrease in the number of microorganisms on the surface of the feet and nails;
- protection of skin and nails from reinfection by fungal pathogens.
- **Method of Application**
- HEALER® Foot Antiseptic is used for disinfection and decontamination of the skin on the feet and nails by rubbing into dry skin.
- **For preventive disinfection**, apply 3–5 ml of the antiseptic (equivalent to 3–5 pump sprays) to clean, dry skin and rub in for about 1 minute. If necessary, the amount of product may be increased. The final portion should be rubbed in until completely dry. Special attention should be paid to the areas between the toes.
  Do not rinse off! This ensures long-lasting antimicrobial protection.
- **In complex antifungal therapy**, the skin of the feet and nails affected by fungal infection should be treated with the antiseptic. The amount of product may be increased to 7–10 ml (7–10 pump sprays). The antiseptic acts to inactivate existing microorganisms, protect the surface from reinfection, and support healing of damaged skin.
- **For the treatment of compromised skin integrity** (including damage caused by fungal infections), HEALER® Antiseptic should be sprayed directly onto the affected or wounded area until it is fully moistened. The treated surface should remain wet for 2–5 minutes. If necessary, the procedure may be repeated. HEALER® Antiseptic may also be used to moisten wound dressings, imparting antiseptic properties to the material.

SAFETY INFORMATION

HEALER® Antiseptic for the skin of feet and nails is non-volatile and does not irritate the mucous membranes of the upper respiratory tract or eyes. The product is free from irritating, dermal-resorptive, sensitizing, or cumulative effects, and it does not possess embryotoxic, carcinogenic, mutagenic, or teratogenic properties. It is environmentally safe.

SPECIAL PRECAUTIONS

Do not use in individuals with hypersensitivity to any of the ingredients. For external use only.

PACKAGING

Available in 60 ml polymer bottles with a spray dispenser.

COMPOSITION

Active ingredient: polyhexamethylene biguanide hydrochloride (PHMB).

Excipients: propylene glycol, glycerin, phyto-components, purified water.

DOSAGE FORM AND PHYSICOCHEMICAL PROPERTIES

Ready-to-use clear solution, colorless or slightly yellowish, with a mild scent of plant-derived components.

SHELF LIFE AND STORAGE CONDITIONS

Shelf life: 36 months from the date of manufacture.

Store in the original manufacturer's packaging, in closed premises at temperatures between +2°C and +35°C. Keep out of reach of children.

APPROVAL

Approved by the Ministry of Health of Ukraine:

State Sanitary and Epidemiological Expert Opinion No. 12.2-18-5/18360 dated 11.08.2020.

MANUFACTURER

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